POWERMAN ALSDORF 2026

Ergebnisliste - Deutsche Meisterschaft AG

Europe Triathlon Middle Distance Duathlon Championships | Alsdorf 2026 | World Series POWERMAN Alsdorf

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
Frauen										
AK 18 Juniorinnen										
DNF	574	TEITZEL Pia	GER	ASV Duisburg						
AK 20 weiblich										
1.	579	REICHEL Leonie	GER	SG Adelsberg	00:38:22 | 1.	00:00:51	01:48:28 | 1.	00:01:02	00:41:59 | 1.	**03:10:40**
2.	302	STROTHMANN Sarah	GER	RSV Borgholzhausen	00:42:58 | 2.	00:01:28	01:49:28 | 2.	00:01:42	00:43:15 | 2.	**03:18:49**
Männer										
AK 20 männlich										
1.	569	DROSKA Sönke	GER	TriAs Hildesheim	00:33:09 | 1.	00:00:55	01:25:53 | 1.	00:01:01	00:34:58 | 1.	**02:35:54**
2.	546	FITZNER Anton	GER	BRANDER SV 1973 e.V.	00:40:38 | 2.	00:01:06	01:34:21 | 2.	00:02:37	00:44:11 | 2.	**03:02:51**
Frauen										
AK 25 weiblich										
1.	304	ABERHAM Vanessa	GER	TSG 08 Roth e.V.	00:36:14 | 1.	00:01:08	01:36:53 | 1.	00:01:15	00:37:52 | 1.	**02:53:20**
2.	598	TIEFENBACH Selina	GER	SC Rot-Weiß Oberhausen e.V.	00:37:45 | 2.	00:01:41	01:40:56 | 3.	00:02:15	00:39:32 | 2.	**03:02:07**
3.	305	KNAAP Leigh	GER	MTV Aurich	00:43:06 | 5.	00:01:32	01:40:01 | 2.	00:01:27	00:44:31 | 6.	**03:10:34**
4.	611	SCHÜLLER Alicia	GER	team-naunheim.de	00:44:58 | 6.	00:01:49	01:45:33 | 4.	00:01:51	00:44:15 | 5.	**03:18:23**
5.	591	ENDT Nina	GER	SC Rot-Weiß Oberhausen e.V.	00:39:37 | 3.	00:01:38	01:52:18 | 5.	00:01:57	00:43:51 | 4.	**03:19:19**
6.	544	MAUS Fabienne	GER	Sauerland-Team / TSV Solingen	00:41:27 | 4.	00:01:24	01:54:07 | 6.	00:01:48	00:42:27 | 3.	**03:21:11**
7.	578	KUNZE Melina	GER	ASC Weißbachtal	00:47:07 | 7.	00:02:19	02:12:48 | 7.	00:02:11	00:50:27 | 7.	**03:54:49**
Männer										
AK 25 männlich										
1.	603	ERNST Dario	GER	KSV Baunatal	00:34:07 | 1.	00:00:57	01:24:50 | 1.	00:01:45	00:35:11 | 2.	**02:36:48**
2.	108	MÜRMANNNS Florian	GER	LLG Hunsrück	00:35:03 | 2.	00:00:55	01:24:52 | 2.	00:02:08	00:34:59 | 1.	**02:37:53**
3.	109	RULAND Quirin	GER	ART	00:38:32 | 4.	00:01:05	01:28:20 | 3.	00:01:48	00:39:49 | 4.	**02:49:32**
4.	583	WINDISCHMANN Jan	GER	TV Goldbach	00:38:55 | 5.	00:01:23	01:29:54 | 4.	00:01:38	00:41:23 | 5.	**02:53:11**
5.	107	HOHL Alexander	GER	Tsv Dietmannsried 1905 E.v.	00:35:16 | 3.	00:01:34	01:45:57 | 6.	00:01:49	00:38:11 | 3.	**03:02:45**
6.	587	JONNEK Kristofer	GER	SC Rot-Weiß Oberhausen e.V.	00:39:20 | 6.	00:01:28	01:41:28 | 5.	00:01:18	00:42:32 | 6.	**03:06:04**
Frauen										
AK 30 weiblich										
1.	597	HOFSTETTER Sophie	GER	SC Rot-Weiß Oberhausen e.V.	00:40:49 | 1.	00:01:43	01:40:43 | 1.	00:02:20	00:44:04 | 1.	**03:09:37**
2.	617	RIMPEL Pia	GER	PV Triathlon TG Witten	00:49:17 | 2.	00:01:20	01:49:28 | 2.	00:01:44	00:55:56 | 2.	**03:37:44**
DNF	577	BECKER Jana	GER	LC DJK Erbach						
Männer										
AK 30 männlich										
1.	116	WEISE Dominik	GER	TV Einigkeit 1900 Netphen	00:33:59 | 1.	00:01:10	01:25:50 | 1.	00:01:12	00:35:47 | 1.	**02:37:56**
2.	515	STAHL Martin	GER	Djk Andernach Triathlon	00:36:37 | 3.	00:01:13	01:26:02 | 2.	00:01:43	00:37:59 | 3.	**02:43:32**
3.	115	BLOHM Philipp	GER	Eosc Offenbach	00:35:15 | 2.	00:01:12	01:30:22 | 4.	00:01:00	00:36:55 | 2.	**02:44:42**
4.	619	ESTLER Bent	GER	Post-SV Tübingen	00:38:31 | 4.	00:01:11	01:26:19 | 3.	00:01:32	00:41:34 | 4.	**02:49:04**
5.	604	RIEDMAIER Max	GER	Tsv Dietmannsried 1905 E.v.	00:40:28 | 5.	00:02:25	01:58:08 | 5.	00:02:25	00:42:11 | 5.	**03:25:35**
Frauen										
AK 35 weiblich										
1.	549	CHACON BIEBACH	GER	Eintracht Frankfurt Triathlon	00:38:47 | 1.	00:01:15	01:36:07 | 1.	00:01:44	00:40:32 | 1.	**02:58:23**
2.	310	LANGER Janine	GER	ERDINGER Active TEAM	00:48:12 | 2.	00:01:26	01:59:56 | 2.	00:01:38	00:53:00 | 2.	**03:44:11**
3.	596	BAUER Anna-Maria	GER	RTC Frechen 80	01:06:38 | 3.	00:03:01	02:06:45 | 3.	00:03:54	01:12:51 | 3.	**04:33:07**
Männer										
AK 35 männlich										
1.	552	HIMPELMANN Tim	GER	KSV Baunatal	00:34:32 | 4.	00:01:09	01:22:55 | 1.	00:01:15	00:36:36 | 7.	**02:36:25**
2.	124	DINSE Florian	GER	TSG Schwäbisch Hall	00:33:12 | 1.	00:01:00	01:28:26 | 3.	00:01:03	00:34:09 | 1.	**02:37:48**

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Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
3.	125	SIEMES Bastian	GER	SC Rot-Weiß Oberhausen e.V.	00:33:40 | 2.	00:01:01	01:28:42 | 4.	00:01:07	00:35:53 | 3.	**02:40:20**
4.	602	MEHRHOFF Relin	GER	Trianhas VfL Bad Arolsen	00:35:23 | 5.	00:01:22	01:28:47 | 5.	00:01:26	00:34:40 | 2.	**02:41:37**
5.	542	SPROTT Andreas	GER	Ayyo Team Essen	00:34:20 | 3.	00:01:08	01:31:32 | 8.	00:01:06	00:36:23 | 5.	**02:44:27**
6.	582	SCHEPP Julian	GER	team-naunheim Sport e.V.	00:37:21 | 10.	00:01:04	01:26:39 | 2.	00:01:07	00:39:29 | 11.	**02:45:38**
7.	592	WEBER Matthias	GER	RSV Osthelden	00:36:11 | 6.	00:01:19	01:31:02 | 7.	00:02:06	00:36:00 | 4.	**02:46:36**
8.	624	GERHARDS Sven	GER	Dülkener SV 06	00:36:42 | 8.	00:01:09	01:29:23 | 6.	00:02:10	00:38:01 | 8.	**02:47:23**
9.	584	MIX Patrick	GER	Europamarathon Görlitz e.V.	00:36:47 | 9.	00:01:05	01:33:30 | 9.	00:01:20	00:38:34 | 9.	**02:51:13**
10.	126	ZIMMER Patrick	GER	TRC Essen 84	00:37:53 | 11.	00:01:04	01:38:04 | 11.	00:01:41	00:38:51 | 10.	**02:57:32**
11.	123	AMONEIT Matthias	GER	Erdinger Active Team	00:36:17 | 7.	00:01:49	01:47:02 | 12.	00:02:13	00:36:31 | 6.	**03:03:50**
12.	509	STEUER Philip	GER	LSC Athlon Kusel	00:41:38 | 12.	00:01:55	01:35:38 | 10.	00:02:54	00:50:02 | 12.	**03:12:06**

Frauen

AK 40 weiblich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	533	HUBBERT Carina	GER	Hadi Wesel	00:37:57 | 1.	00:01:25	01:35:36 | 2.	00:01:31	00:38:07 | 1.	**02:54:35**
2.	318	ZANNER Beate	GER	Triathlon Gera	00:39:36 | 2.	00:01:34	01:33:57 | 1.	00:01:30	00:41:47 | 3.	**02:58:22**
3.	316	PIRI Silke	GER	PSKarlsruhe Triathlon	00:40:03 | 3.	00:01:42	01:38:20 | 3.	00:01:31	00:42:11 | 5.	**03:03:46**
4.	317	STEGER Rita	GER	SSV Forchheim	00:40:48 | 6.	00:01:21	01:41:23 | 5.	00:01:58	00:41:52 | 4.	**03:07:20**
5.	315	HENNEKEN Claudia	GER	Triabolos Triathlon Hamburg e.V.	00:40:05 | 4.	00:01:26	01:43:35 | 7.	00:01:35	00:41:00 | 2.	**03:07:40**
6.	580	RÖMER Lisa	GER	Triathlon Team TSV Gruiten 1884	00:42:33 | 7.	00:01:48	01:40:06 | 4.	00:02:08	00:43:21 | 6.	**03:09:54**
7.	526	LEMKE Steffi	GER	ACT Kassel	00:40:19 | 5.	00:01:30	01:44:47 | 8.	00:01:17	00:44:45 | 7.	**03:12:37**
8.	536	SAHM Cornelia	GER	Lauffreunde Naheland Bad Kreuznach e.V.	00:46:15 | 9.	00:01:21	01:42:01 | 6.	00:01:35	00:47:46 | 8.	**03:18:55**
9.	314	BRÜCKHOF Nadine	GER	TV GERMANIA BUSCHHÜTTEN 1885 E.V.	00:45:48 | 8.	00:01:14	01:46:49 | 9.	00:01:33	00:51:51 | 10.	**03:27:13**
10.	534	BLAUHORN Melanie	GER	Powerbärs Rednitzhembach	00:47:53 | 10.	00:01:36	01:49:17 | 10.	00:01:40	00:50:09 | 9.	**03:30:32**

Männer

AK 40 männlich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	557	WONKE Martin	GER	KSV Baunatal	00:34:23 | 2.	00:00:59	01:22:56 | 1.	00:01:12	00:34:50 | 1.	**02:34:18**
2.	555	FRIEDHOFF Pascal	GER	TV Einigkeit 1900 Netphen	00:36:11 | 5.	00:01:00	01:23:33 | 2.	00:01:03	00:37:51 | 6.	**02:39:35**
3.	138	MARX Stefan	GER	SRL Koblenz	00:33:55 | 1.	00:00:55	01:29:21 | 5.	00:01:22	00:37:13 | 5.	**02:42:43**
4.	612	VEHLING Lucas	GER	M.GLADBACHER TV 1848 E.V.	00:35:46 | 4.	00:01:30	01:28:40 | 3.	00:01:35	00:36:28 | 3.	**02:43:57**
5.	136	GONSCHOREK	GER	SC DHfK Leipzig - Triathlon	00:37:18 | 9.	00:01:18	01:29:18 | 4.	00:01:08	00:35:52 | 2.	**02:44:52**
6.	139	PIRI Christian	GER	-PSKarlsruhe Triathlon	00:37:09 | 7.	00:01:14	01:29:30 | 6.	00:01:51	00:38:39 | 8.	**02:48:20**
7.	140	RÜCK Matthias	GER	TG Neuss	00:35:14 | 3.	00:01:07	01:33:45 | 10.	00:01:23	00:37:59 | 7.	**02:49:26**
8.	141	SCHOENHUT Steffen	GER	LG Emsdetten	00:37:10 | 8.	00:01:08	01:32:45 | 8.	00:01:29	00:36:58 | 4.	**02:49:27**
9.	564	RIES Matthias	GER	Herrieder Aquathleten e. V.	00:36:39 | 6.	00:01:06	01:32:58 | 9.	00:01:45	00:38:44 | 9.	**02:51:11**
10.	531	SIMON Dominic	GER	Sauerland Team / TSV Aufderhöhe	00:38:27 | 11.	00:01:37	01:31:50 | 7.	00:02:17	00:38:48 | 10.	**02:52:57**
11.	554	MÜTHING Thomas	GER	SC Rot-Weiß Oberhausen e.V.	00:38:54 | 12.	00:01:14	01:34:08 | 11.	00:01:21	00:39:17 | 11.	**02:54:52**
12.	565	OTTEN Christoph	GER	DJK Armada Würselen e.V.	00:40:30 | 15.	00:00:58	01:36:55 | 14.	00:01:13	00:42:11 | 13.	**03:01:44**
13.	142	SEIDEL Marcel	GER	Eintracht Frankfurt Triathlon	00:40:29 | 14.	00:01:40	01:38:23 | 15.	00:01:41	00:41:05 | 12.	**03:03:16**
14.	530	BIERFERT Andreas	GER	Brander SV Tri-Team	00:37:29 | 10.	00:02:32	01:41:21 | 16.	00:02:40	00:42:15 | 14.	**03:06:14**
15.	137	JONEN Oliver	GER	power and pace	00:40:23 | 13.	00:01:26	01:35:28 | 12.	00:02:47	00:47:50 | 18.	**03:07:52**
16.	608	GANICK Oliver	GER	TriTeam Hagen	00:42:14 | 17.	00:01:20	01:36:43 | 13.	00:01:59	00:47:27 | 17.	**03:09:41**
17.	556	KIEFER Andreas	GER	LC DJK Erbach	00:40:38 | 16.	00:01:27	01:44:11 | 18.	00:01:28	00:45:18 | 15.	**03:13:00**
18.	500	STOBBE Markus	GER	TRC Essen 84	00:42:34 | 18.	00:01:45	01:41:44 | 17.	00:01:37	00:47:13 | 16.	**03:14:51**
19.	559	GLADOS Felix	GER	M.GLADBACHER TV 1848 E.V.	00:54:07 | 19.	00:02:09	01:52:11 | 19.	00:03:08	01:01:56 | 19.	**03:53:30**

Frauen

AK 45 weiblich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	623	JANSEN Steffi	GER	PTSV Aachen	00:36:27 | 1.	00:01:56	01:32:45 | 1.	00:01:56	00:37:37 | 1.	**02:50:39**
2.	325	STILLGER Nadine	GER	Spiridon Frankfurt	00:41:38 | 3.	00:01:50	01:37:02 | 2.	00:02:43	00:44:14 | 4.	**03:07:24**
3.	321	CUMMEROW Sandra	GER	ERDINGER Active TEAM	00:40:54 | 2.	00:01:13	01:41:12 | 4.	00:01:55	00:43:46 | 2.	**03:08:59**
4.	323	KELLENDONK Heike	GER	TG Neuss	00:42:27 | 4.	00:01:44	01:41:12 | 3.	00:01:42	00:44:12 | 3.	**03:11:16**
5.	324	POPP Patricia	GER	MTV Pfaffenhofen	00:43:39 | 5.	00:01:06	01:47:13 | 5.	00:01:14	00:48:35 | 7.	**03:21:44**
6.	547	MORAWITZ Sandra	GER	ASK München-Süd e.V.	00:46:01 | 7.	00:01:41	01:47:56 | 6.	00:01:58	00:48:33 | 6.	**03:26:08**
7.	322	ENGEL Miriam	GER	TRI Post Trier	00:44:19 | 6.	00:01:37	01:49:49 | 7.	00:02:01	00:49:27 | 8.	**03:27:12**

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Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
8.	560	CYRIAX Sophie	GER	SC Hinterland 2026	00:46:20 | 8.	00:01:21	01:54:54 | 8.	00:02:08	00:46:24 | 5.	**03:31:05**

Männer

AK 45 männlich

1.	588	KRUG Garvin	GER	ESV Eintracht Hameln	00:34:22 | 1.	00:01:39	01:27:55 | 5.	00:01:19	00:34:58 | 2.	**02:40:10**
2.	595	LIK Michael	GER	Team Bad Orb - Salz des Spessarts	00:34:33 | 3.	00:01:09	01:26:33 | 2.	00:02:08	00:35:56 | 3.	**02:40:16**
3.	156	RIPKE Daniel	GER	TSG Maxdorf	00:35:13 | 4.	00:01:31	01:27:41 | 4.	00:01:33	00:36:16 | 4.	**02:42:12**
4.	621	SCHUHMACHERS	GER	Turnverein Erkelenz	00:35:23 | 5.	00:01:07	01:26:37 | 3.	00:01:04	00:38:22 | 6.	**02:42:31**
5.	568	HINTZE Benedikt	GER	TuS BW Lohne Leichtathletik	00:34:26 | 2.	00:01:09	01:31:45 | 9.	00:01:11	00:34:26 | 1.	**02:42:55**
6.	620	IMHOFF Sven	GER	1.Tri Team Gütersloh GTV	00:36:58 | 9.	00:00:58	01:25:44 | 1.	00:01:45	00:40:27 | 9.	**02:45:51**
7.	158	STRÜMPEL Jörn	GER	VT Triangel Kempen	00:36:47 | 8.	00:00:59	01:29:11 | 6.	00:00:58	00:38:48 | 8.	**02:46:41**
8.	155	MARKOV Alexey	GER	Tri-Team SSV Ettlingen	00:36:13 | 6.	00:01:16	01:31:43 | 8.	00:01:30	00:37:22 | 5.	**02:48:02**
9.	157	SCHLOHMANN	GER	TSG Maxdorf	00:36:31 | 7.	00:01:01	01:31:12 | 7.	00:01:16	00:38:45 | 7.	**02:48:43**
10.	508	WERNER Niko	GER	ESV Eintracht Hameln	00:39:10 | 10.	00:01:18	01:32:53 | 10.	00:01:54	00:41:50 | 10.	**02:57:04**
11.	527	FEUERBACH Oliver	GER	LAZ Rhein-Sieg	00:39:34 | 11.	00:01:42	01:37:49 | 11.	00:01:51	00:43:32 | 11.	**03:04:26**
12.	581	KUFFER Dennis	GER	power & pace	00:43:41 | 12.	00:01:48	01:44:17 | 12.	00:01:50	00:46:17 | 12.	**03:17:53**
13.	610	HINÜBER Gerd	GER	power & pace	00:46:38 | 13.	00:01:26	01:47:00 | 13.	00:01:30	00:52:12 | 13.	**03:28:44**
DNF	586	FORSTER Marco	GER	tritronic team St. Wendel	00:36:45	00:01:14	00:57:09			

Frauen

AK 50 weiblich

1.	332	HAHNFELD Karin	GER	Team-Naunheim Sport E.V	00:41:49 | 1.	00:01:37	01:45:05 | 4.	00:01:46	00:42:20 | 1.	**03:12:35**
2.	522	GUNDEL Sabine	GER	LC Marathon Rotenburg	00:42:24 | 2.	00:01:51	01:42:58 | 2.	00:02:20	00:43:14 | 2.	**03:12:45**
3.	330	AUMANN Simone	GER	TV Dettingen/Iller	00:43:34 | 4.	00:01:16	01:41:02 | 1.	00:01:15	00:46:31 | 5.	**03:13:35**
4.	334	SCHENKENHOFER	GER	Running-Team-Bad Ems	00:47:34 | 6.	00:02:02	01:44:32 | 3.	00:02:26	00:47:48 | 6.	**03:24:20**
5.	333	NEUMANN Sabine	GER	DJK Triathlon Andernach	00:43:56 | 5.	00:02:09	01:49:56 | 5.	00:02:12	00:46:27 | 4.	**03:24:37**
6.	593	STRICK Barbara	GER	TV Erkelenz 1860 e.V.	00:43:20 | 3.	00:01:55	01:53:18 | 6.	00:01:54	00:44:41 | 3.	**03:25:05**
7.	331	BAMBYNEK Lucia	GER	TSG Hatten-Sandkrug	00:49:02 | 7.	00:01:44	01:57:43 | 7.	00:01:44	00:53:45 | 7.	**03:43:57**
8.	558	BEHRENS Heike	GER	SSV Gristede	00:58:48 | 8.	00:02:47	01:59:39 | 8.	00:03:35	01:01:30 | 8.	**04:06:18**

Männer

AK 50 männlich

1.	176	GOGOLIN Thomas	GER	MSV Tripoint Frankfurt Oder e.V.	00:34:46 | 1.	00:01:08	01:26:00 | 1.	00:01:03	00:36:35 | 1.	**02:39:31**
2.	185	SAHM Marco	GER	IfA Nonstop Bamberg	00:35:33 | 3.	00:00:57	01:27:31 | 2.	00:01:14	00:37:12 | 3.	**02:42:25**
3.	572	KLÜNNER Ingo	GER	TSV Solingen 1877 E.V. / Sauerland Team	00:34:47 | 2.	00:01:12	01:29:03 | 3.	00:01:16	00:36:44 | 2.	**02:42:59**
4.	178	JUCKEN Lars	GER	TuS Köln rrh. 1874 e.V.	00:37:22 | 4.	00:01:38	01:38:52 | 7.	00:02:18	00:37:41 | 4.	**02:57:49**
5.	599	HANAKAM Florian	GER	RC Lüdenscheid	00:40:19 | 6.	00:01:32	01:37:45 | 5.	00:01:47	00:40:15 | 5.	**03:01:36**
6.	521	RUCKES Sascha	GER	ASV Köln Triathlon	00:40:35 | 7.	00:01:22	01:35:59 | 4.	00:01:55	00:42:19 | 7.	**03:02:07**
7.	614	REISINGER Henno	GER	VfL Kommern	00:38:50 | 5.	00:01:16	01:40:04 | 9.	00:02:16	00:41:08 | 6.	**03:03:32**
8.	175	AUMANN Rainer	GER	TV Dettingen/Iller	00:41:15 | 8.	00:01:48	01:37:59 | 6.	00:01:48	00:45:28 | 11.	**03:08:17**
9.	182	MARTIN Chris	GER	SISU Schwerin e.V.	00:42:33 | 10.	00:02:11	01:39:52 | 8.	00:02:05	00:43:26 | 8.	**03:10:06**
10.	184	RIEBSCHLÄGER Jörg	GER	TUS KÖLN RRH. 1874 E. V.	00:41:32 | 9.	00:01:45	01:40:59 | 12.	00:02:23	00:45:16 | 10.	**03:11:53**
11.	181	LENGEFELD Steffen	GER	FC St.Pauli Triathlon	00:44:15 | 12.	00:01:50	01:40:39 | 11.	00:01:52	00:44:11 | 9.	**03:12:46**
12.	562	JANZEN Berthold	GER	SG Welper	00:43:57 | 11.	00:01:53	01:40:11 | 10.	00:02:45	00:46:20 | 12.	**03:15:04**
13.	821	KRÜGER Dirk	GER	M.Gladbacher TV 1848	00:46:55 | 13.	00:01:22	01:48:44 | 13.	00:03:10	00:55:36 | 13.	**03:35:45**

AK 55 männlich

1.	618	BORGMANN Achim	GER	BRANDER SV 1973 e.V.	00:37:53 | 3.	00:01:20	01:26:30 | 1.	00:01:20	00:38:26 | 1.	**02:45:27**
2.	201	STROTHMANN Dirk	GER	RSV Borgholzhausen	00:36:55 | 2.	00:01:07	01:28:38 | 2.	00:01:25	00:39:31 | 3.	**02:47:34**
3.	200	KÜCHLER Matthias	GER	Eintracht Frankfurt Triathlon	00:36:26 | 1.	00:01:06	01:31:41 | 6.	00:01:19	00:38:32 | 2.	**02:49:02**
4.	616	RETZLAFF Sebastian	GER	TSCH Langenau	00:38:33 | 5.	00:01:41	01:28:53 | 3.	00:01:51	00:41:36 | 7.	**02:52:32**
5.	523	NAGEL Rainer	GER	Ejot-Team TV Buschhütten	00:38:33 | 4.	00:01:37	01:31:38 | 5.	00:01:38	00:39:46 | 4.	**02:53:10**
6.	535	OPEL Stefan	GER	MA-TRI-DU-Gefrees	00:39:55 | 6.	00:01:27	01:29:42 | 4.	00:01:34	00:40:43 | 6.	**02:53:19**
7.	541	LÜBBING Ulrich	GER	Tri Michels Hamburg	00:40:17 | 7.	00:01:27	01:32:49 | 8.	00:01:36	00:40:14 | 5.	**02:56:22**
8.	514	BIELEN Markus	GER	DJK Triathlon 1909 Andernach e.V.	00:40:52 | 8.	00:01:13	01:35:42 | 10.	00:01:22	00:42:52 | 8.	**03:02:00**
9.	606	PABICH André	GER	Triathlon Team Indeland	00:41:09 | 9.	00:01:06	01:35:08 | 9.	00:01:22	00:44:17 | 9.	**03:03:00**

POWERMAN ALSDORF 2026

Ergebnisliste - Deutsche Meisterschaft AG

Europe Triathlon Middle Distance Duathlon Championships | Alsdorf 2026 | World Series POWERMAN Alsdorf

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
10.	573	BLAß Stefan	GER	TV Hüttigweiler	00:43:55 | 11.	00:02:00	01:32:19 | 7.	00:01:52	00:45:05 | 10.	**03:05:09**
11.	545	KETZER Christoph	GER	Iserlohn Schleddenhofer Bade- u.	00:44:38 | 12.	00:01:41	01:40:14 | 12.	00:02:11	00:46:53 | 11.	**03:15:35**
12.	202	WEITERSHAGEN Dirk	GER	DJK SC SW Flörsheim	00:46:14 | 14.	00:01:38	01:40:10 | 11.	00:01:33	00:47:04 | 13.	**03:16:38**
13.	590	REICHEL Frank	GER	RSG Montabaur e.V.	00:41:38 | 10.	00:01:43	01:45:05 | 15.	00:02:29	00:47:20 | 14.	**03:18:13**
14.	524	JUNK Thomas	GER	RTC Frechen 80	00:47:35 | 15.	00:02:58	01:44:40 | 13.	00:02:45	00:47:00 | 12.	**03:24:57**
15.	570	HILL Thomas	GER	TRC Essen 84	00:45:59 | 13.	00:03:55	01:44:53 | 14.	00:02:49	00:48:18 | 15.	**03:25:52**
16.	198	HOLLER Martin	GER	Laufteam Fürth 2010	00:50:42 | 16.	00:02:41	01:54:51 | 16.	00:02:40	00:49:36 | 16.	**03:40:28**
17.	199	KLEIN Klaus	GER	M.GLADBACHER TV 1848 E.V.	00:52:38 | 17.	00:02:34	02:03:04 | 17.	00:02:41	01:01:01 | 17.	**04:01:56**

Frauen

AK 60 weiblich

1.	348	KETZER Ina	GER	Iserlohn Schleddenhofer Bade- U.	00:46:12 | 1.	00:01:53	01:43:27 | 1.	00:02:02	00:49:26 | 1.	**03:22:57**
2.	349	KUNZE Martina	GER	team-naunheim.de	00:51:17 | 2.	00:01:52	01:53:57 | 2.	00:01:55	00:52:50 | 2.	**03:41:49**
3.	566	MEYERS Steffi	GER	M.GLADBACHER TV 1848 E.V.	00:51:38 | 3.	00:01:39	01:56:49 | 3.	00:01:58	00:54:08 | 3.	**03:46:11**
4.	350	OSWALD-ECKENFEL	GER	Stimmel Sports eV	00:58:18 | 4.	00:01:57	02:05:35 | 4.	00:01:43	01:00:09 | 4.	**04:07:39**
5.	347	BEWERSDORFF	GER	Post-SV Tübingen e.V.	00:59:49 | 5.	00:03:44	02:12:50 | 5.	00:04:09	01:03:38 | 5.	**04:24:09**
6.	613	PEREZ-LEMM Ursula	GER	FC St. Pauli Triathlon	01:02:05 | 6.	00:02:07	02:27:35 | 6.	00:03:37	01:10:20 | 6.	**04:45:41**

Männer

AK 60 männlich

1.	217	HAUKE Uwe	GER	Eintracht Frankfurt Triathlon	00:42:22 | 2.	00:01:45	01:36:20 | 2.	00:02:23	00:45:58 | 3.	**03:08:45**
2.	529	MALIES Thomas	GER	BRANDER SV 1973 e.V.	00:43:13 | 3.	00:01:30	01:36:52 | 3.	00:02:19	00:46:26 | 4.	**03:10:17**
3.	615	BARETH Michael	GER	TSV Krofdorf-Gleiberg	00:41:41 | 1.	00:01:08	01:44:36 | 6.	00:01:22	00:42:41 | 1.	**03:11:25**
4.	601	HETTRICH Ralph	GER	SSF Bonn 1905 e.V.	00:44:02 | 5.	00:02:12	01:40:31 | 4.	00:02:28	00:45:29 | 2.	**03:14:40**
5.	600	LAWRENZ Wolfgang	GER	TG Neuss	00:44:00 | 4.	00:01:23	01:42:58 | 5.	00:02:39	00:47:32 | 5.	**03:18:31**
6.	516	PRIESS Frank	GER	TSV Bayer Dormagen	00:50:13 | 9.	00:01:25	01:34:17 | 1.	00:02:07	00:52:48 | 8.	**03:20:48**
7.	216	HANSEL Martin	GER	RSV Osthelden	00:46:50 | 6.	00:01:53	01:47:48 | 7.	00:01:49	00:52:00 | 7.	**03:30:18**
8.	214	EBERLE Hans Michael	GER	SV TRICITY Darmstadt	00:47:06 | 8.	00:02:41	01:50:03 | 9.	00:02:24	00:54:04 | 9.	**03:36:17**
9.	213	ALT Josef	GER	Brander SV-Tri-Team	00:46:50 | 7.	00:02:58	01:55:38 | 11.	00:03:01	00:49:58 | 6.	**03:38:23**
10.	519	HARTMANN Thomas	GER	TC Backnang	00:54:17 | 13.	00:02:17	01:49:19 | 8.	00:02:33	00:56:13 | 12.	**03:44:37**
11.	512	WEILE Jürgen	GER	MACH3 Köln e.V.	00:50:15 | 10.	00:02:33	01:56:39 | 12.	00:02:21	00:54:10 | 11.	**03:45:56**
12.	518	MEISTER Olaf	GER	TSG Kleinostheim	00:52:52 | 11.	00:03:04	01:54:49 | 10.	00:05:14	00:54:09 | 10.	**03:50:06**
13.	510	REESE Matthias	GER	LTV Kiel-Ost	00:54:06 | 12.	00:02:14	02:02:09 | 13.	00:03:34	01:05:31 | 13.	**04:07:33**

Frauen

AK 65 weiblich

1.	358	SOMMER Susanne	GER	SVG Ruhstorf	00:51:26 | 1.	00:01:42	01:48:45 | 1.	00:01:55	00:53:22 | 1.	**03:37:07**
2.	355	HERMANNS	GER	DLRG-Ortsgruppe WETZLAR E.V.	00:52:23 | 2.	00:01:51	01:49:52 | 2.	00:01:55	00:55:50 | 2.	**03:41:48**
3.	356	KÖHLER Gabriele	GER	Ski-Club Lauf e.V.	00:54:12 | 3.	00:03:23	01:59:00 | 3.	00:05:13	01:00:33 | 4.	**04:02:18**
4.	357	KÖRNER-DOWNES	GER	TRI Team TG Lage	00:57:10 | 4.	00:01:57	02:08:52 | 4.	00:02:20	00:59:57 | 3.	**04:10:13**

Männer

AK 65 männlich

1.	234	SCHÜRMERT Konrad	GER	ERDINGER Active TEAM	00:40:55 | 1.	00:01:29	01:38:22 | 1.	00:01:19	00:42:47 | 1.	**03:04:49**
2.	585	CLAUDIUS Stephan	GER	MC Pirate	00:42:37 | 3.	00:01:22	01:42:14 | 4.	00:01:54	00:44:12 | 2.	**03:12:16**
3.	230	MALLMANN Dieter	GER	LLG Hunsrück	00:41:42 | 2.	00:01:58	01:44:15 | 6.	00:02:04	00:45:43 | 3.	**03:15:40**
4.	539	BECK Wolfram	GER	Sparda-Team Rechberghausen	00:44:15 | 4.	00:01:48	01:43:29 | 5.	00:02:51	00:47:55 | 5.	**03:20:16**
5.	567	LAERMANN Ralf	GER	M.GLADBACHER TV 1848 E.V.	00:44:27 | 5.	00:01:30	01:48:03 | 9.	00:01:39	00:47:39 | 4.	**03:23:16**
6.	235	TESCH Norbert	GER	SV Hellas Siegburg	00:47:32 | 8.	00:02:12	01:47:03 | 8.	00:01:56	00:47:58 | 6.	**03:26:39**
7.	507	JENKE Andreas	GER	TriTeam SV Bietigheim	00:47:56 | 9.	00:01:22	01:41:16 | 3.	00:02:24	00:54:20 | 11.	**03:27:16**
8.	231	MOLL Hans	GER	TG 1848 Bad Waldsee	00:45:12 | 6.	00:02:14	01:50:51 | 10.	00:02:43	00:52:01 | 9.	**03:32:59**
9.	229	FORSTMEYER Volker	GER	TRIATHLON TEAM RHEINFELDEN -	00:54:16 | 14.	00:01:52	01:38:45 | 2.	00:02:36	00:58:12 | 12.	**03:35:39**
10.	232	MORCINCZYK Peter	GER	TV1863Gross -Zimmern	00:49:15 | 10.	00:02:00	01:45:09 | 7.	00:02:24	01:00:12 | 14.	**03:38:57**
11.	540	BREITHAUPT Hartmut	GER	Tricon Schwäbisch Hall	00:51:11 | 11.	00:02:24	01:52:07 | 12.	00:03:16	00:51:14 | 8.	**03:40:10**
12.	233	NOLTE Claus	GER	mettmann-sport e.V.	00:51:30 | 12.	00:02:49	01:52:00 | 11.	00:03:21	00:51:10 | 7.	**03:40:48**

POWERMAN ALSDORF 2026

Ergebnisliste - Deutsche Meisterschaft AG

Europe Triathlon Middle Distance Duathlon Championships | Alsdorf 2026 | World Series POWERMAN Alsdorf

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
13.	594	DRIUSSI Jose Luis	GER	LC Nordhorn	00:46:29 | 7.	00:02:23	02:07:10 | 13.	00:03:00	00:52:25 | 10.	**03:51:24**
14.	511	AUGUST Dieter	GER	Fortuna Logabirum	00:52:24 | 13.	00:03:25	02:07:13 | 14.	00:04:05	00:59:17 | 13.	**04:06:21**

Frauen

AK 70 weiblich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	361	HOEFT Gesine	GER	Tvdä Hanau	00:53:53 | 1.	00:01:31	02:02:12 | 1.	00:02:18	01:02:17 | 1.	**04:02:08**

Männer

AK 70 männlich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	249	STEHLE Jörg	GER	TCEC Mainz	00:44:51 | 2.	00:01:38	01:40:31 | 1.	00:01:42	00:46:40 | 1.	**03:15:20**
2.	247	LEMM Ronald	GER	FC St.Pauli Triathlon	00:44:37 | 1.	00:02:00	01:47:27 | 3.	00:02:44	00:47:19 | 2.	**03:24:05**
3.	248	RUBARTH Wolfgang	GER	SKV Mörfelden Team Möwathlon	00:47:08 | 3.	00:01:58	01:48:22 | 4.	00:01:53	00:51:24 | 3.	**03:30:43**
4.	245	HÖHN Joachim	GER	1.FC Kaiserslautern	00:52:33 | 4.	00:01:36	01:40:53 | 2.	00:02:10	00:58:57 | 4.	**03:36:07**
5.	244	EPKENHANS Martin	GER	Triathlon Team Münster 2025	00:58:46 | 5.	00:01:51	02:06:20 | 5.	00:02:22	00:59:53 | 5.	**04:09:11**
6.	537	SCHNEIDER-FOITZIK	GER	TSV Bayer Dormagen	01:07:54 | 6.	00:03:59	02:14:16 | 6.	00:06:34	01:19:58 | 6.	**04:52:39**

AK 75 männlich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	254	RULAND Ortwin	GER	SV Neptun Neheim	00:48:30 | 1.	00:01:58	01:40:24 | 1.	00:02:31	00:50:14 | 1.	**03:23:35**
2.	253	DERKS Josef	GER	KSV Kevelaer	00:53:38 | 2.	00:02:19	01:50:06 | 2.	00:02:33	01:00:30 | 2.	**03:49:04**
3.	252	BAIER Ulrich	GER	M.GLADBACHER TV 1848 E.V.	01:07:31 | 3.	00:03:54	02:29:44 | 3.	00:06:09	01:18:03 | 3.	**05:05:19**

AK 80 männlich

Platz	StNr.	Name	NAT	Verein	RUN	T1	BIKE	T2	RUN	TOTAL
1.	256	THELEN Paul	GER	DJK Kohlscheid / Team Hörluchs	00:54:19 | 1.	00:02:30	01:50:31 | 1.	00:02:40	01:01:16 | 1.	**03:51:15**

TEILNEHMER: 178

Competition Jury:
Kirsten Krauthäuser (GER), Chair
Bernd Kapp (GER)
John Raadschelders (GER)

Air Temperature:

Head Referee: Lena Pappert (GER)

Distance: Run 1: 10k (4 Laps) | Bike: 60k (3 Laps) | Run 2: 10k (4 Laps)